

# FREMONT PUBLIC SCHOOLS

## ANAPHYLAXIS EPINEPHRINE EMERGENCY ACTION PLAN

**\*\*This information expires on June 30, \_\_\_\_\_**

Fremont Public Schools personnel are prohibited from providing or administering any medication to a student except as authorized by the Board Policy.

**MEDICATIONS MUST BE CARRIED IN THE ORIGINAL CONTAINER WITH THE PHARMACY LABEL INTACT**

Child's name: \_\_\_\_\_ Date of plan: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Provider name/phone number: \_\_\_\_\_

Child has allergy to: \_\_\_\_\_

SYMPTOMS	ACTION STEPS
For <b>Any</b> of the following <b>Symptoms</b> <b>(Stay with individual. Never leave alone)</b> <b>One or more of the following:</b> <b>LUNG:</b> Short of breath, wheezing, repetitive coughing <b>Heart:</b> Pale, blue, faint, weak pulse, dizzy, confused <b>Throat:</b> Tight, hoarse, trouble breathing and/or Swallowing/speaking <b>Mouth:</b> Significant swelling of the tongue and/or lips <b>Skin:</b> Many hives over body, widespread redness <b>Gut:</b> Repetitive vomiting, severe diarrhea <b>Neuro:</b> Feeling something bad is about to happen, anxiety, fear	<ol style="list-style-type: none"><li><b>1. INJECT EPINEPHRINE AUTOINJECTOR IMMEDIATELY!</b> (see medication/dosage below)</li><li>2. Call 911</li><li>3. Begin monitoring – Airway, Breathing, and Cardiac<ul style="list-style-type: none"><li>• Record time epinephrine used and inform EMS upon arrival.</li><li>• Continue to keep on back with legs elevated above heart. If difficulty breathing or vomiting present, let individual sit up or lie on side.</li><li>• Provide first aid/CPR as necessary.</li></ul></li></ol>

MEDICATION/DOSAGE
<b>Medication/Dosage:</b> Select appropriate epinephrine autoinjector dose, based on weight. <b>Dosage:</b> <input type="checkbox"/> 0.15 mg Epinephrine autoinjector IM, if less than 66 pounds <input type="checkbox"/> 0.30 mg Epinephrine autoinjector IM, if 66 pounds or more

### AUTHORIZED SIGNATURES

\_\_\_\_\_  
Parent/Guardian Authorization Signature/Date

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Physician Authorization Signature/Date